

DUBLIN ATHLETIC BOARD
LEAGUE 4 - Irishtown
Saturday 21st May 2022

	<u>Track</u>			<u>Long Jump 2 Pits</u>			
10.30am	U/13	Girls	60m Hurdles	11.00am	U/11	Boys	
	U/13	Boys	60m Hurdles		U/11	Girls	
	U/14	Girls	75m Hurdles	12.30pm	U/12	Boys	
	U/14	Boys	75m Hurdles		U/12	Girls	
	U/15	Girls	80m Hurdles				
	U/16	Girls	80m Hurdles				
	U/15	Boys	80m Hurdles				
	U/16	Boys	100m Hurdles				
11.45am	U/10	Girls	60m	11.15pm	<u>High Jump</u>		
	U/10	Boys	60m		U/15	Boys	
	U/11	Girls	60m		U/15	Girls	
	U/11	Boys	60m		U/16	Boys	
	U/12	Girls	80m		U/16	Girls	
	U/12	Boys	80m				
	U/13	Girls	80m				
	U/13	Boys	80m	<u>Shot Putt</u>			
	U/14	Girls	80m	10.45am	U13 Girls	2K	
	U/14	Boys	80m	12 noon	U13 Boys	2K	
	U/15	Girls	100m	12.45pm	U14 Girls	2K	
	U/15	Boys	100m	1.30pm	U14 Boys	2.72K	
	U/16	Girls	100m				
	U/16	Boys	100m	<u>Javelin</u>			
				10:45am	U15/16	Girls 400/500g	
				11.45am	U15/16	Boys 500/600g	
2.00 pm	U/10	Girls	300m	12.30pm	<u>Turbo Javelin</u>		
	U/10	Boys	300m		U/10	Girls	
	U/11	Girls	400m		U/10	Boys	
	U/11	Boys	400m		1.45pm	U/12	Girls
	U/12	Girls	500m			U/12	Boys
	U/12	Boys	500m				
	U/13	Girls	500m				
	U/13	Boys	500m				
2.45pm	U/14	Girls	1200m				
	U/14	Boys	1200m				
	U/15	Girls	1200m				
	U/15	Boys	1200m				
	U/16	Girls	1200m				
	U/16	Boys	1200m				

U10/11/12 sprints will be run as heats, followed by semi-finals & finals. All other track events will be decided on times. 3 Throws/jumps per athlete. Programme & event order subject to change, to facilitate smooth running of the competition.

