

CABINTEELY ENTRIES - DUBLIN INDOOR CHAMPIONSHIPS 5-19TH FEBRUARY 2020

DAY 1 WED 5TH FEBRUARY

7.00 pm MIDDLE DISTANCES

GU13 600m Mabel

BU13 600m Jack

GU12 600m Emma, Julia, Lauren, Cara, Alaina,
Lucca, Imogen

BU12 600m Hugo, Connor, David, Alex, Bjarne,
William

BU14 800m Eddie, Jake,

GU15 800m Nell, Ella, Anna G

GU16 800m Anna W

BU17 800m Joe

BU18 800m Matthew

**600m/800m FINALS WILL BE HELD Sat 15th
Feb 11.15am**

COACHES:

U9/U10 David Maher

U11/U12 Ray McMahon

U13/U14 Dominic Munnely, Grainne
Parker

U15/U16 Niamh Corr, Jack Grennan

U17/U18 David Myers, Brian Doody

Collect bib numbers

from:

Joanne Keane 087 9607489

**DAY 2 WED 12TH
FEBRUARY**

7pm 4 X 200 RELAY

GU10: Poppy, Alicia, Laoise, Chloe, Phoebe

BU10 Team A: Matthew, Daniel, Aoghan, Toby,
Hugo

BU10 Team B: Sean C, Sean K, Ross, Ben, Hugo

GU12 Team A: Imogen, Emily, Kirstin, Holly,
Matilda,

GU12 Team B: Emma, Lauren, Cara, Alaina, Rosie

GU12 Team C: Lucca, Maya, Julia, Hayley,

BU12 Team A: David, Tom, William, Bjarne

BU12 Team B: Connor, Alex, Harry, Hugo

GU14: Sarah, Andrea, Elsie, Ellen, Eva

BU14: Mark, Jack, Bill, Jake, Daniel, Oisín

GU16: Anna, Elizabeth, Isabelle, Anna, Ella

BU18: Matthew, Edward, Gavin, Peter F, Joe,
Liam C

8.30pm SHOT PUT:

GU15: Anna, Ella, Nell

Collect bib numbers

from:

Clare Kelly: 087 4216260

CABINTEELY ENTRIES - DUBLIN INDOOR CHAMPIONSHIPS 5-19TH FEBRUARY 2020**DAY 3
FEBRUARY****SAT 15TH****10am 200m HEATS**

GU16 Anna W
 BU16 Ruairi, Eoin
 BU17 Peter K, Peter F, Liam C, Liam M,
 Shane
 BU18 Edward

200m FINALS WILL BE HELD AT HEAT TIME IF HEATS ARE NOT REQUIRED**11.30am 600m /800m FINALS**

GU12
 BU12
 GU13
 BU13
 GU14
 BU14
 GU15
 BU15
 GU16
 BU16
 BU17
 BU18

12.45pm 200m FINALS

(20 min break on track after 200m finals)

1.45 60m HURDLES

GU13 Eva, Megan
 BU13
 GU14 Andrea, Elsie, Sarah
 BU14 Christian, Daniel, Bill, Tadhg, Mark
 GU15 Ella, Ruth
 BU17 Joe, Peter K
 BU18

HURDLE FINALS (IF REQUIRED)**4.30pm U12 & 13 60m**

GU12 Holly, Emma, Julia, Lauren, Cara,
 Alaina, Lucca, Maya, Emily
 BU12 Hugo, David, Alex, Bjarne, William
 GU13 Ruth, Eva, Megan, Saoirse, Louise,
 Penny
 BU13 Jack, Louis

60m QUARTER/SEMI/FINALS in same order**LONG JUMP**

10.00 a.m. GU15 (Pit 1) Ella, Anna
 BU15 (Pit 2)
 11.00 a.m. GU16 (Pit 1)
 BU16 (Pit 2)
 12.00 p.m. BU17 (Pit 2) Peter F
 1.30 p.m. GU14 (Pit 1) Andrea, Sarah
 2.30 p.m. BU14 (Pit 1) Bill, Tadhg

SHOT PUT

10.00 a.m. GU12 Emma, Lauren, Cara, Luca
 11.15 a.m. BU12 Hugo, David, Bjarne,
 12.30 p.m. GU14 Andrea, Sarah, Elsie
 1.45 p.m. BU14 Oisin

HIGH JUMP

10.00 a.m. BU17 (Mat 2) Peter F,
 11.00 a.m. BU18 (Mat 2) Gavin, Edward,
 Matthew
 2.30 p.m. GU15 (Mat 1) Anna, Ella

COACHES:

*U9/U10 David Maher
 U11/U12 Ray McMahon
 U13/U14 Dominic Munnelly, Grainne Parker
 U15/U16 Niamh Corr, Jack Grennan
 U17/U18 David Myers, Brian Doody*

OFFICIALS:*Kevin Barry, Boys HJ***Collect bib numbers from:***AM= Niamh Corr 087 1217154**PM= Zoë Stephenson 087 1697893*

CABINTEELY ENTRIES - DUBLIN INDOOR CHAMPIONSHIPS 5-19TH FEBRUARY 2020**DAY 4
FEBRUARY****SUN 16TH****11.30a.m. U9-U11 60m****(DUBLIN ONLY COMPETITION)****GU9** Poppy, Alicia, Moya, Olivia,**BU9** Hugo**GU10** Chloe, Laoise**BU10** Ben, Daniel, Ross, Matthew, Sean K,
Aoghan,
Sean C, Lennox, Toby**GU11** Sylvia, Ellen, Clara, Lucy, Maddie,
Hayley,
Aoife, Holly, Sarah***BU11** Henry, Griff, Cillian, Ben, Ethan**60m QUARTER/SEMI/FINALS in same order****2.45 p.m. U14-U19 60m****GU14** Andrea, Elsie, Sarah, Ellen**BU14** Christian, Jack**GU15** Nell, Grace, Ella, Anna G, Ruth**BU15****GU16** Anna W**BU16** Ruairi**BU17** Peter K, Shane**BU18** Edward**60m QUARTER/SEMI/FINALS in same order****OFFICIALS***Maureen Cummins, U12G L Jump**Pauline McGouran, U12G L Jump**Sandra Kelly, U13G, L Jump**Sylviane Vaucheret, U14G H Jump**Brian Doody Boys H Jump**Kevin Barry Boys H Jump***Collect bib numbers from:****Zoë Stephenson 087 1697893****LONG JUMP****10.00 a.m. GU12 (Pit 1)** Holly, Emma,
Lauren,
Cara, Alaina, Lucca, Matilda,
Imogen,
Kirstin**BU12 (Pit 2)** Hugo, David,
Bjarne**12.15 p.m. BU18 (Pit 2)** Edward,
Matthew**1.15 p.m. GU13 (Pit 1)** Molly, Eva,
Charlotte,
Megan, Saoirse, Jean, Penny**2.30 p.m. BU13 (Pit 1)****SHOT PUT****10.00 a.m. BU13** Ciaran**11.15 a.m. GU13** Penny, Eva, Megan**HIGH JUMP****10.00 a.m. GU13 (Mat 1)** Eva, Charlotte, Megan**11.30 a.m. GU14 (Mat 1)** Elsie, Sarah**BU14 (Mat 2)** Christian, Daniel,
Tadhg**1.00 p.m. GU12 (Mat 1)** Lauren, Cara, Alaina,
Lucca**BU12 (Mat 2)** Hugo, Conor, David,
Bjarne**COACHES:****U9/U10** David Maher**U11/U12** Ray McMahon**U13/U14** Dominic Munnally, Grainne Parker

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U15/U16 Niamh Corr, Jack Grennan

U17/U18 David Myers, Brian Doody

DAY 5 WED 19TH FEBRUARY

7.00 p.m. UNEVEN RELAY

GU11 - A: Maddie, Sylvia, Sarah, Lucy, Ellen, Abbie

B: Clara, Hayley, Aoife, Holly, Ellen, Abbie

BU11 Ethan, Henry, Cillian, Ben, Griff

GU13 A: Ruth, Saoirse, Louise, Molly

B: Eva, Charlotte, Penny, Megan

BU13 Cain, Casey, Jack, Tom, Louis

GU15 Ella, Anna, Ruth, Grace, Andrea

BU17 A: Joe, Ruairi, Peter K, Liam M

B: Peter F, Pablo, Eoin, Liam C

SHOT PUT

7.00 pm BU18, BU17 Sam, Peter F

8.30 pm BU16/15 Matthew,

TRIPLE JUMP

8.00 pm BU18/19 Edward

Officials

Wendy Kelly, Relay

Sandra Kelly, Relay

Sarah Helme, Relay

John Falvey, Shot Put

Collect bib numbers from:

Debbie Williamson 086 2065197

DAY 6 SUN 1ST MARCH

U9-U11 Timed Races

9.30 AM MIDDLE DISTANCES

GU9 300m Phoebe, Poppo, Alicia, Moya, Olivia,

BU9 300m Hugo

GU10 400m Chloe, Laoise

BU10 400m Ben, Ross, Matthew, Sean K, Lennox, Toby, Aoghan

GU11 500m Clara, Abbie, Lucy, Maddie, Hayley, Aoife,

BU11 500m Henry, Griff, Cillian, Harry, Ethan